



# DR. LINNDA DURRÉ

## SURVIVING THE TOXIC WORKPLACE

7 PM, WEDNESDAY, SEPTEMBER 21

Glendale Public Library Auditorium



222 East Harvard Street  
Glendale, CA 91205  
(818) 548-2042

### ***ARE PEOPLE AT WORK DRIVING YOU CRAZY?***

Trading a toxic workplace for a healthier office is not always an option, so employees must use effective communication techniques to turn poisonous environments into productive ones. [www.survivingthetoxicworkplace.com](http://www.survivingthetoxicworkplace.com)

In *Surviving The Toxic Workplace*, Dr. Linnda Durré gives workers the tools to create an environment in which they can both thrive and save their sanity. She demonstrates how to deal effectively with toxic people using clear, tactful and assertive communication techniques, and a win/win philosophy. Dr. Durré will have a Q & A after her speech.

Dr. Linnda Durré is a psychotherapist, business and media consultant, and an international speaker. She has been interviewed by Forbes, Investors Business Daily, WSJ, Business Week, Inc. Magazine, Yahoo, AOL, Monster, Career Builder, Job Week, and many more. She has appeared on 60 Minutes, Oprah, Today Show, Good Morning America, The O'Reilly Factor, and local and/or national news on ABC, CBS, NBC, PBS, NPR, CW, and Fox. She has written for the Orlando Business Journal, Forbes, AOL, Monster, American Cities Business Journals, and she writes a column for EBossWatch.com.

She hosted and co-produced *Ask The Family Therapist* on America's Health Network, which was associated with the Mayo Clinic, and it aired from Universal Studios Orlando. She earned her B.A. in Human Development from Pacific Oaks College in Pasadena, and her M.A. and Ph.D. from C.S.P.P. - now Alliant University - in San Diego.

FREE lectures sponsored by the Friends of the Glendale Public Library. Proceeds from author book sales at these events support the Glendale Public Library. 3 hours FREE parking at the structure across Harvard with validation at the loan desk.



FRIENDS OF THE  
GLENDALE PUBLIC LIBRARY